



HOW TO TURN YOUR HOME INTO A LOVE NEST

Interior designer, property guru and City Dweller Magazine columnist
Christine Yorath is here to tell you how you can turn your house into a love shack!



Early February sees displays of red hearts on everything from cards to cushions, in florists shops and lingerie shops... all in the name of Valentine's Day.

February 14th might be considered the most romantic day of the year but a love nest can be for 365 days of the year.

If you want to create your own there are some simple basic rules.

A cluttered, dirty room will never be conducive to romance so if it needs it, the first job is a big clean up in the bedroom. The temperature needs to be right too, fresh air and not too hot but certainly not cold.

Once the room is clean, aired and uncluttered, let's think about bedding... cartoon figures and the likes are a no-no! Pillowcases with pictures of superman just don't do it

in the romance field. Clean fragranced bedding and a soft woolly or fur throw are a good start.

Wooden headboards are not only uncomfortable but harsh looking, an upholstered headboard is more comfortable, helps the acoustics as well as the ambience, as does carpet but if you have a wood floor or other hard surface, you could introduce a large soft pile rug.

Ambient lighting is the next consideration which can be achieved easily if the lighting system has dimmers on it. Otherwise a soft glow lamp, fairy lights or candles will achieve the right level of illumination.

Chill music hastens relaxation but needs to be gentle on the ears and not kill conversation.

Finally, no phones or computers, however remote controls for the lighting are allowed!

All of the above are basic essentials, after that it's up to you! Warmed oil? Petals on the bed? Strawberries and champagne? The finest dark chocolate? Oysters? Fresh flowers? A love dice? A bit of imagination!

For more advice go to www.christineyorath.com or get in touch by emailing christine@yorathgroup.com or ringing 07836 737300.

*Till next time,
Christine x*

