



## CHRISTINE YORATH ON 'HYGGE'

INTERIOR DESIGNER, PROPERTY GURU AND CITY DWELLER MAGAZINE COLUMNIST  
CHRISTINE YORATH IS HERE TO TELL YOU HOW TO COMBINE COMFORT WITH STYLE!



**Hygge (pronounced: Huegir) may be a word you've not yet heard but**

**just as Feng Shui wasn't in most people's vocabulary 20 years ago, this will be something you will come to understand if you are interested in home interiors and combining comfort with style.**

Hygge is the description of the sentiment of feeling comfortable and secure which is important in the home.

The easiest way to explain it is in pictures! The bottom three pictures above are good examples of Hygge in the home but the designer of the homes in the top two pictures just hasn't got it yet! Just think soft textures, candles, blankets, log fires, squashy

cushions and you're on your way to understanding Hygge!

Regardless of your style and taste you can still employ the principles. Admittedly minimalist, stark interiors are much harder to create a cosy ambience in but it's possible, a large soft rug on a poured concrete floor, a wool throw on a sharp angled minimalist modern sofa or huge candles on floor standing mounts pay homage to Hygge.

Hygge is for all year round too, it's not just a winter thing. The use of certain indoor plants and foliage in Summer even in a more

sparse decor will assist.

If the technique interests you have a look at [www.hyggeshack.com](http://www.hyggeshack.com) and sign up to the blog on the website.

**For more advice go to [www.christineyorath.com](http://www.christineyorath.com) or get in touch by emailing [christine@yorathgroup.com](mailto:christine@yorathgroup.com) or ringing 07836 737300.**

*Until next time,  
Christine*

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